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27th Annual

CARIBBEAN DERMATOLOGY ASSOCIATION

1992

Developing Caribbean Dermatology, Defining Our Future.

Caribbean Dermatology Conference

November 7th-10th, 2018

St. Vincent & The Grenadines

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MESSAGE FROM THE PRESIDENT

Dear Colleagues and Friends,

On behalf of the Executive Members and the Planning Committee of this 27th Annual Meeting of the Caribbean Dermatology Association (CDA), welcome to St. Vincent.

We extend a warm welcome to our Guest Speaker, Professor Lynne Goldberg from Boston University. We look forward to benefiting from her expertise as she delivers our keynote address and a workshop on Alopecia. We do hope that that during her visit she will be able to take some time to relax and enjoy some of the recreational activities that St. Vincent has to offer.

On a personal note, this year I will be stepping down as President of the CDA having completed three (3) terms (six years) in office. I extend my gratitude to the rest of the Executive Team and the membership in general for the support given to me during my tenure and wish my successor all the best.

There are a number of people to thank for helping to make this meeting a reality. Dr. Lenoir Dacon-Anderson and her team on the ground for doing most of the planning, the members of the pharmaceutical and medical device industries who gave their support by way of exhibits and sponsorship, the rest of the Executive members, Hanif Smith and the staff of SMTC, our Secretariat and the staff of Beachcombers Hotel for hosting us during our stay. Ultimately, my gratitude goes to you all who made the effort to attend the meeting and participate in the scientific and social activities.

Finally, I wish you all safe travels back home to your families and trust that you will all have a good meeting.

Best regards.

Dr. Richard Desnoes
President,
Caribbean Dermatology Association

MESSAGE FROM THE CHAIR

Greetings Colleagues and Friends,

How quickly the year has sped past since our last conference in St. Lucia. Since then the local planning committee has been working diligently with the executive to prepare a programme that is academically stimulating and incorporates aspects of medical and cosmetic dermatology. We thank all presenters for preparing and submitting papers. Thanks as well to our sponsors without whom this meeting would not be possible.

It is a pleasure to be hosting the 27th Annual CDA conference and we extend warm Vincy greetings to all conference attendees.

We give a special welcome to Professor Lynne Goldberg who will deliver the Dr. Lois La Grenade distinguished lecture and eagerly await her clinical pearls in managing alopecia. We trust that she will enjoy her time with us and experience a glimpse of our unique Caribbean culture.

As with all CDA conferences we have set aside some time for us to socialize and explore our surroundings. We encourage everyone to join us for dinner at Young Island on Friday evening, and a scenic bus tour through Kingstown and the Leeward side of the island on Saturday.

It is our hope that the next few days will be enjoyable and fulfilling, old acquaintances will be renewed and new friendships forged.

Welcome to St. Vincent and the Grenadines! Have a great conference!

Sincerely,

Dr. Lenoir Dacon-Anderson
Conference Chair

ABOUT THE CONFERENCE

The Annual Caribbean Dermatology Conference is the premier opportunity for the Caribbean's Dermatologists to be informed, educated and updated on the latest scientific, surgical and clinical developments in the diagnosis, treatment and management of the dermatology patient in the Caribbean. Various treatments, management approaches and diagnostic tools will be assessed for their applicability and accessibility within the Caribbean.

As always, the Annual Caribbean Dermatology Conference will serve to cultivate and maintain vibrant collegial relationships between the Caribbean's Dermatologists, while allowing them the opportunity to learn about the territories and cultures of the CDA's member countries. The Annual CDA Conference is attended by doctors from the Caribbean, the United Kingdom, Canada, the United States of America, and the US Virgin Islands.

Educational Objectives

At the completion of this Conference, participants should:

1. Be able to identify developments that can positively impact the diagnosis, treatment, and management of dermatological diseases and conditions within the Caribbean region.
2. Have a better understanding of diagnostic and management approaches to challenging cases through the presentation and discussion of live clinical cases.
3. Be prepared to apply the knowledge gained to decisions regarding the diagnosis, management and treatment of dermatological patients in the Caribbean.

Accreditation Statement

The 27th Annual Caribbean Dermatology Conference has been approved for **Continuing Medical Education Credits** by the **National Committee of Continuing Medical Education** of the **Medical Council of Jamaica** for a maximum of **eleven (11) hours of credit**. Each participant should claim only those CME hours actually spent in the activity.

Faculty Disclosures

In its efforts to ensure balance, independence, objectivity, and scientific rigour in its continuing medical educational programmes, the Caribbean Dermatology Association requires that all faculty participating in any CDA CME activity disclose to the audience any real or apparent conflict(s) of interest that may have direct bearing on the subject matter of the programme, and any off-label use of products that will be discussed.

Disclosure of Potential Conflicts of Interest and Off-Label Use

The following speakers have indicated that they **DO NOT HAVE** a relationship which poses a potential conflict of interest to disclose.

Abigail Cumberbatch
Arusha Campbell-Chambers
Darshini Persaude
Doris J. Joseph
Dr. Sandra McLeod
Else Christoffersen
Jeanine Reemaul
Khamedaye Basdeo-Maharaj
Llorenia Muir-Green
Lynne J. Goldberg
Marilyn Suite
Michael Fitz-Henley
Misty G. Eleryan
Nadia Manna
Rachael Eckel
Richard Desnoes
Shakima Stoutt
Suleman Bhamjee
Tracey Durant
Michael Fitz-Henley
Misty G Eleryan

The following speakers **HAVE** indicated they will be discussing off-label products in their presentations.

Arusha Campbell-Chambers
Llorenia Muir-Green
Lynne J. Goldberg
Marilyn Suite

The following speakers **HAVE** indicated they will **NOT BE** discussing off-label products in their presentations.

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Dr. Sandra McLeod
Else Christoffersen
Jeanine Reemaul
Khamedaye Basdeo-Maharaj
Michael Fitz-Henley
Misty G. Eleryan
Nadia Manna
Rachael Eckel
Richard Desnoes
Shakima Stoutt
Suleman Bhamjee
Tracey Durant

Evaluations and CME Certificates

As part of the Association's efforts to reduce the carbon footprint of the Conference, participants will be asked to complete evaluations electronically and CME certificates will be sent by e-mail at the conclusion of the meeting.

On-Site Registration & Office Hours

Wednesday	November 7, 2018	2:00pm - 6:00pm
Thursday	November 8, 2018	8:00am - 5:00pm
Friday	November 9, 2018	8:00am - 5:00pm
Saturday	November 10, 2018	8:00am - 11:30pm

Connect and Engage

WiFi will be available in the meeting and exhibit rooms. Follow us on Facebook, tweet at us **@CaribDerm,** and use the hashtag **#CDA2018StVincent** to connect with and engage faculty, staff and your fellow attendees.

Name Badges

Your name badge serves as your passport to all educational sessions and the exhibit area. You are asked to wear your name badge at all times. Social function tickets will be handed out along with name badges, and must be presented at each event. Participants will not be admitted to social functions without the appropriate ticket.

We recommend for your safety that you do not wear your name badge outside of the hotel and conference function areas.

Refunds and Exchanges

Refunds will not be issued until after the Conference. Tickets for Conference social events are **NOT** refundable.

Special Dietary Requirements

Individuals with special dietary requirements must request special meals during registration or 24 hours in advance, at the registration desk. We regret that requests for special meals not made in advance may not be honoured.

Lost & Found

If you have lost or found an item, please contact the registration desk on-site.

No Smoking Policy

The use of tobacco products, personal vaporizers or electronic nicotine delivery systems is strictly prohibited in all meeting and function areas hosting CDA events. Thank you for your compliance.

SOCIAL FUNCTIONS

CONFERENCE DINNER

DATE: Friday, November 9, 2018

WHERE: Young Island
Shuttle Bus: Departs Beachcombers Lobby **6:30PM**
(shuttle bus to ferry dock, then ferry to Young Island)

DRESS CODE: Elegantly Casual
Comfortable shoes

ISLAND TOUR

DATE: Saturday, November 10, 2018

WHERE: Kingstown, Fort Charlotte, Drive down Leeward Coast,
Lunch at Wallilabou Falls
Shuttle Bus: Departs Beachcombers Lobby at **12:45PM**

WHAT TO BRING: Sunscreen, insect repellent and camera

WHAT TO WEAR: Comfortable shoes

DURATION: 12:45PM - 6:00PM

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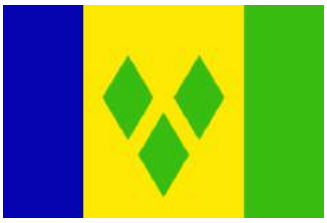
PROFILE OF ST. VINCENT AND THE GRENADINES



St. Vincent and the Grenadines is a Caribbean nation situated to the north of Trinidad and Tobago. There are 32 islands in the chain that make up this nation, and the southernmost islands in the Grenadines chain are shared with Grenada, another independent nation. English is the language that is commonly spoken although French patois may also be heard on these islands. St. Vincent and the Grenadines is a parliamentary democracy with an area that covers around 389 square kilometres. The currency is the East Caribbean dollar, and while paper dollars from the USA and euros are accepted by most merchants and service providers, US coins are not considered currency and are not accepted on any of the islands.

St. Vincent, where the capital city of Kingstown is located, is the largest of all the islands in the chain. The population of all the islands in the chain is over 100,000. Created by volcanic activity, the islands have a mountainous landscape with lush vegetation and an abundance of local wildlife. The climate is tropical and the rainy season occurs between May and November. The average temperature is around 80 degrees.

St. Vincent Owia Salt Pond is a unique location used for therapeutic purposes in the past, with bathing still allowed in the pond today. The pond is constantly being rejuvenated as the waves come over the volcanic boulders, yet is protected from rough seas by these same rocks. Many compare the salt pond to an outdoor aquarium. Reef fish often make their way into the pond, and formations of coral grow here as well. The Salt Pond is located near the small fishing village of Owia, home of the Black Caribs, one of two groups of indigenous people on St. Vincent.

The Vermont Nature Trails on St. Vincent are ideal for hiking, and these trails are not too difficult, so any age or skill level will usually be able to finish the hike without trouble. The views along the trails are incredible, with a lush setting and a wide variety of plants, animals, and birds to watch for. The trails are set in a reserve that covers almost 11,000 acres, and a perfect way to end a hike is at the St. Vincent Parrot Look Out.

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- Active Acne & Acne Scars
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- Dr. Neil Persadsingh, Kingston, Jamiaca

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- Dr. Arusha Campbell-Chambers, Montego Bay, Jamaica

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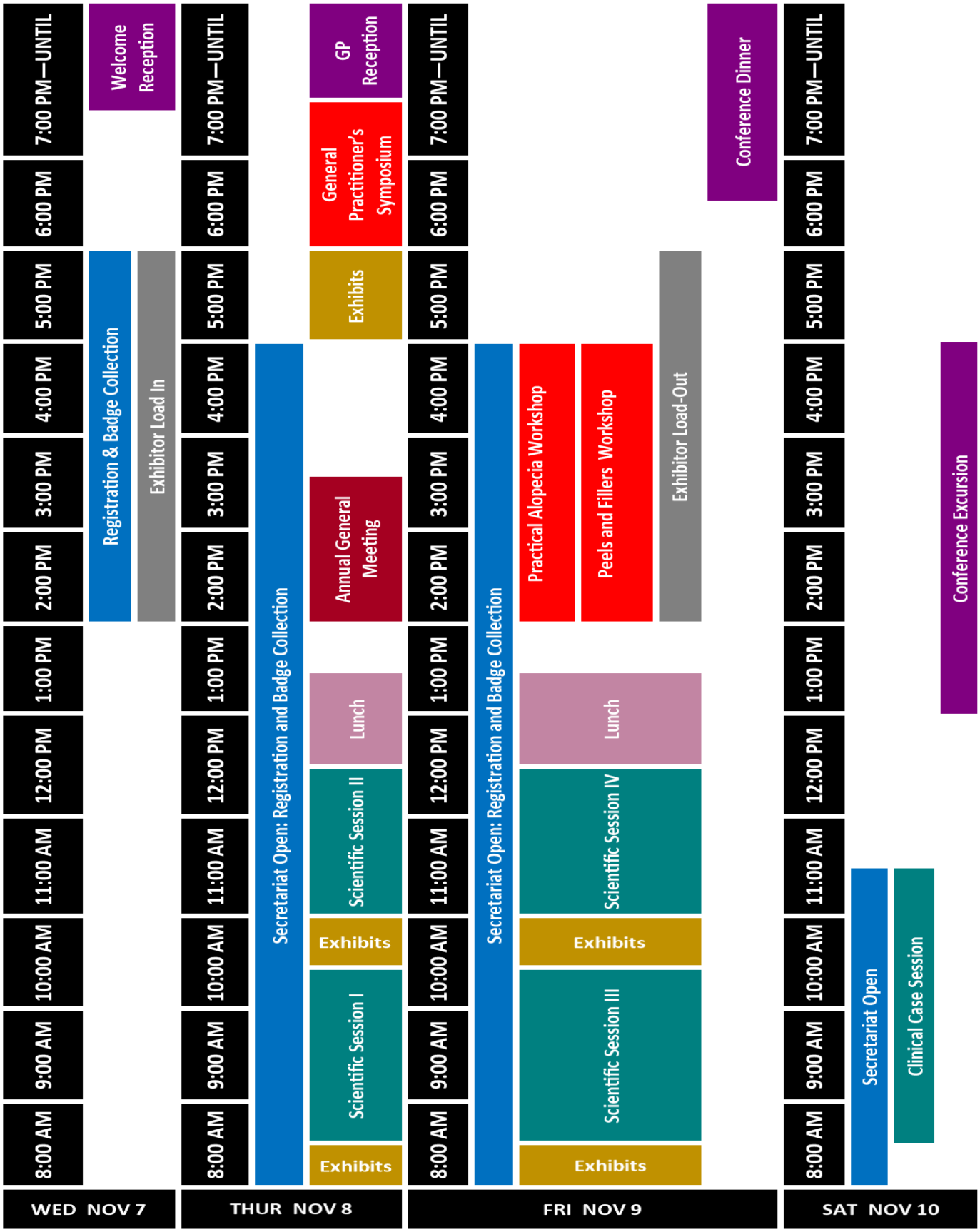
SCHEDULE AT A GLANCE



THE "APPLE" AWARD

The Professor Hywel Williams Research Prize, fondly referred to as The "Apple" Award, was given to the **Caribbean Dermatology Association** by Professor Hywel Williams (Nottingham, UK) in 2000, when he was our Guest Speaker.

The prize is awarded at the end of the Annual CDA Conference to the presenter of the best original research paper with the greatest relevance to the Caribbean.

Past Awardees

2000	Dr. Michael Fitz-Henley
2001	Dr. Michael Fitz-Henley
2002	Dr. Suleman Bhamjee
2003	Dr. Althea East-Innis
2004	Dr. Morgan Basanta
2005	Dr. D. Thompson
2006	Dr. Michael Fitz-Henley
2007	Dr. Doris Joseph
2008	Dr. Suleman Bhamjee
2009	Not awarded
2010	Dr. Sandra McLeod
2011	Dr. Neilia-Kay McGill
2012	Dr. Sean Bullen
2013	Dr. Marilyn Suite
2014	Dr. Jeffrey Edwards
2015	Dr. Kyjuan H. Brown
2016	Dr. Althea East-Innis
2017	Dr. Jeffrey Edwards

WORKSHOPS

Chemical Peels & Dermal Fillers

Chemical Peels
At this workshop, participants will be able to:

- Comprehensively analyze all skin parameters in preparation for a chemical peel.
- Select the correct procedure and maximal safety depth in varying skin types and diseases.
- Prepare skin pretreatment and manage it post-procedurally to maximize output, and limit downtime and complications. Understand the latest ingredient technologies and advances including simultaneous laser therapy.
- Follow clear guidelines for standardization of clinical endpoints and patient results as well as elimination of variables.

A live chemical peel treatment will also be performed to the epidermal-dermal junction.

Dermal Fillers
At this workshop, participants will be able to:

- Understand the distinct psychology behind an aesthetic client as opposed to a medical patient.
- Recognize the different types of patient objectives and how to masterfully tailor their treatment to ensure client retention.
- Conduct a targeted history specific to dermal fillers that will serve as a detailed framework for procedure planning.
- Perform a full face aesthetic assessment to accurately diagnose the underlying problems and formulate an effective treatment plan.
- Have an up-to-date understanding of the latest uses of dermal fillers including myomodulation for facial reconstruction and asymmetry correction.

A live dermal filler treatment will also be performed on a model.

Practical Alopecia Workshop

This workshop will provide a framework for evaluation of the hair loss patient, covering the history, patterns of hair loss, adjunctive diagnostic tools, biopsy findings, clinicopathologic correlation and management pearls.

Following completion, attendees should be able to:

- Develop an approach to the hair loss patient
- Recognize distinguishing features of scarring and non-scarring alopecia
- Create a therapeutic plan for patients with alopecia

CONFERENCE SCHEDULE

Wednesday 7th November

2.00pm - 6.00pm	**Arrival/Check-in/Registration**

Welcome Reception
7.30pm - 9.30pm

Thursday 8th November

7.00am - 8.00am	**Breakfast**	
8.00am - 8.40 am	**EXHIBITS OPEN**	
8.40am – 8.45am	Welcome	Local Organizing Committee

Scientific Session I — **Chairperson: Dr. Andrew Forde**
8.45am - 10.35am
Conference Room

8.45 - 9.00	Skin & Diet - the Battle: Free Radicals vs. Antioxidants **#011**	A. Geronimo Jones *Bermuda*
9.00 - 9.15	Diabetes and the Lower Limb **#012**	Doris Joseph *Grenada*
9.15 – 9.30	Chronic Leg Ulcers: Journeying Through the Years and the Veins **#002**	Suleman Bhamjee *Barbados*
9.30 - 9.40	**DISCUSSION**	
9.40 - 9.55	Psoriasis in Patients with HIV Infection Attending a Large HIV Treatment Centre in Trinidad **#007**	Jeffrey Edwards *Trinidad and Tobago*
9.55 - 10.10	Treatment of Keloids with Superficial Radiation **#019**	Marilyn Suite *Trinidad and Tobago*

10.10 – 10.25	The Use of an Nd: YAG 1064, 0.65 Millisecond Laser and Oral Anti-Fungal for Treatment of Subcutaneous Fungal Infection **#001**	Khamedaye Basdeo-Maharaj *Trinidad and Tobago*
10.25 – 10.35	**DISCUSSION**	
10.35 - 11.15	**Coffee Break and Viewing of Exhibits**	
11.20 – 11.35	Scarring Alopecia and Auto-Immune Disease: Is There a Greater Link? **#015**	Llorenia Muir-Green *Jamaica*
11.35 – 12.25	Alopecia in Ethnic Skin **Lois La Grenade Distinguished Lecture**	Lynne Goldberg *United States*
12.25 -12.40	**Discussion**	

Lunch
12.45pm - 1.45pm
Dining Room

Annual General Meeting (*Open to all CDA Members*)
2.00pm - 3.30pm
Conference Room

General Practitioner's Meeting **Chairperson: Dr. Lenoir Dacon-Anderson**
6.00pm - 8:30pm
Conference Room

5.00 - 6.00	**EXHIBITS OPEN**	
6.00 - 6.02	Welcome	Lenoir Dacon-Anderson *St. Vincent and the Grenadines*
6.02 - 6.05	**Prayer**	
6.05 - 6.10	Greetings	Representative **Ministry of Health** *St. Vincent and the Grenadines*
6.10 - 6.30	Leg ulcers	Shakima Stoutt *British Virgin Islands*
6.30 -6.50	Sexually Transmitted Diseases and the Skin	Jeffrey Edwards *Trinidad and Tobago*
6.50 – 7.00	**DISCUSSION**	

7.00 – 7.20	Hansen's Disease Update	Abigail Cumberbatch *Trinidad and Tobago*
7.20 – 7.40	Bleaching	Richard Desnoes *Jamaica*
7.40 – 8.00	Commonly Misdiagnosed Skin Conditions	Tracey Durant *Barbados*
8.00 – 8.10	**DISCUSSION**	
8.10 - 8.15	Vote of Thanks	Dr. Monique Young-McKree *St. Vincent and the Grenadines*

Cocktail Reception
8.15pm - 9.30pm

Friday 9th November

7.00am - 8.00am	**Breakfast**
8.00am - 8.30am	**Exhibits open**

Scientific Session III **Chairperson: Dr. Jeffrey Edwards**
8.30am – 10.30am
Conference Room

8.30 - 8.45	The New Dawn of UV Protection **#004**	Else Christofferson *Cayman Islands*
8.45 - 9.00	An Anti-Ageing Topical Innovation **#006**	Rachael Eckel *Trinidad and Tobago*
9.00 – 9.15	Latest Advances in Treating Conditions of Discolouration **#013**	Nadia Manna *Trinidad and Tobago*
9.15- 9.25	**DISCUSSION**	
9.25 -9.40	Treatment of Post-Inflammatory Hyperpigmentation with a 650 microsecond Nd:YAG laser **#003**	Arusha Campbell-Chambers *Jamaica*
9.40 – 10.00	Laser Complications: The Pleasure/Pain Principle **#005**	Maria Gonzalez *and* Naomi Dolly *United Kingdom* and *United States*

10.00 -10.10	**DISCUSSION**	
10.10 – 10.25	Sublative & Gmaxpro **Syneron Sponsored Lecture**	Naomi Dolly *United States*
10.25 – 10.30	**DISCUSSION**	
10.30 – 11.10	**Coffee Break and Exhibits**	

Scientific Session IV
11.15am – 12:45pm
Conference Room

Chairperson: Dr. Andrea Clare-Lyn Shue

11.15 -11.30	Epidemiology of Cutaneous Lymphoma- A Review of Cases From Skin Clinic National Chest Hospital **#014**	Sandra McLeod *Jamaica*
11.30– 11.45	The Many Faces of Mycosis Fungoides **#008**	Misty Eleryan *United States*
11.45 – 12.00	Dermoscopy in General Dermatology **#016**	Darshini Persaude *Canada*
12.00- 12.10	**DISCUSSION**	
12.10 – 12. 40	Elevating Skincare with The Power of Science **ZO Skin Health Sponsored Lecture**	Rachael Eckel *Trinidad and Tobago*
12.40 – 12.45	**DISCUSSION**	

Lunch
12.45pm – 1.45pm
Dining Room

Concurrent Workshops *(Separate Registration Required)*
2.00pm - 4.00pm

2.00 – 4.00	**Workshop:** Practical Alopecia **Presenter:** Lynn Goldberg, MD **Conference Room**
	Workshop: Chemical Peels + Dermal Fillers Masterclass **Presenter:** Rachael Eckel, MD **Boardroom**

Dinner
7.00pm – 10:30pm
Young Island (*Shuttle Departs Lobby at 6:30pm*)

Saturday 10th November

7.00am - 8.00am	**Breakfast**

Clinical Case Session
8.30am – 9.30am
Conference Room

Chairperson: Dr. Richard Desnoes

8:30 - 8.40	Interesting cases from the Dermatology Association of Jamaica **#009**	Michael Fitz-Henley *Jamaica*
8.40 – 8.50	Interesting Short Cases **#017**	Jeanine Reemaul *Trinidad and Tobago*
8.50 - 9.05	Even Stranger Encounters **#018**	Marilyn Suite *Trinidad and Tobago*
9.05 – 9.20	**Open for Clinical Cases**	
9.20 – 9.30	**DISCUSSION**	

Live Case Session
9.30am – 12.00pm
Conference Room

Chairperson: Dr. Lenoir Dacon-Anderson

9.30- 10.30	**Live Cases**
10.30- 10.45	**Coffee Break**
10.45- 12.00	**DISCUSSION**

Conference Tour
12.45 pm – 4.30 pm
Shuttle Departs Lobby at 12:45pm

ABSTRACTS

#001

TITLE: The Use of an Nd: YAG 1064, 0.65 Millisecond Laser and Oral Anti-Fungal for Treatment of Subcutaneous Fungal Infection
AUTHOR (S): Khamedaye Basdeo-Maharaj
Submitted for: Medical Dermatology

ABSTRACT BODY:
Subcutaneous fungal infections are seen in the tropics and subtropics. These and are uncommon. The management usually involves combination treatments because of it's long treatment course, the frequency of exacerbations and drug side effects.

This case report showed favourable results with a combined treatment regime involving the use of an Oral Anti-fungal and a 0.65 milliseconds Nd: YAG 1064 Laser.

#002

TITLE: Chronic Leg Ulcers: Journeying Through the Years and the Veins
AUTHOR (S): Suleman Bhamjee
Submitted for: Research

ABSTRACT BODY:
Chronic leg ulcer is defined as a defect in the skin below the level of knee persisting for more than six weeks and shows no tendency to heal after three or more months. Chronic ulceration of the lower legs is a relatively common condition amongst adults, one that causes pain and social distress. The condition affects 1% of the adult population and 3.6% of people older than 65 years. Leg ulcers are debilitating and greatly reduce patients' quality of life. The common causes are venous disease, arterial disease, and neuropathy.

Less common causes are metabolic disorders, hematological disorders, and infective diseases. As many factors lead to chronic lower leg ulceration, an interdisciplinary approach to the systematic assessment of the patient is required, in order to ascertain the pathogenesis, definitive diagnosis, and optimal treatment. A correct diagnosis is essential to avoid inappropriate treatment that may cause deterioration of the wound, delay wound healing, or harm the patient. The researchers are inventing newer modalities of treatments for patients with chronic leg ulceration, so that they can have better quality life and reduction in personal financial burden.

This study looks at the statistics of chronic leg ulcers seen in a private practice over several years and tries to determine if some of the results are comparable to over studies.

#003

TITLE: Treatment of Post-Inflammatory Hyperpigmentation with a 650 microsecond Nd:YAG laser
AUTHOR (S): Arusha Campbell-Chambers
Submitted for: Laser and Cosmetic Surgery

ABSTRACT BODY:
Post-inflammatory hyperpigmentation (PIH) is increased pigmentation caused by any prior inflammation of the skin at that site e.g. post infections, acne, allergic reactions, eczema, procedures, etc. It is most common in Hispanics and Asians and people of African descent, due to higher amounts of epidermal melanin. This condition can cause tremendous embarrassment, and psychosocial stress, affecting patients' quality of life. Pigmentary disorders, of which PIH is very prevalent in darker skin types, commonly present to Dermatologists. It is caused by mechanisms that result in either epidermal and/or dermal melanosis.

Treatment of PIH involves treating underlying inflammation and reducing risk factors, avoidance of abrasive skin care products,

use of sunscreens and sun protection, skin-lightening agents to affected areas and procedures where appropriate. Procedures used include microdermabrasin, chemical peels, microneedling, lasers (e.g. Nd:YAG, Q-switched Nd:YAG, picosecond lasers) and fractional radiofrequency. Cover up cosmetics and psychological support may also be necessary as patients pursue treatment.

The medical treatment of PIH can sometimes be a prolonged process that may take 6 to 12 months to achieve the desired results. Most medical treatment options potentially improve epidermal hypermelanosis, but none is proven effective for dermal hypermelanosis. The 650 microsecond ND:YAG laser has been found to remove both dermal and epidermal melanosis in patients of all skin types, in combination with a chemical peel or hydroquinone. This laser penetrates deeper than the Q-switched Nd:YAG and has a much shorter pulse duration, adding a greater margin of safety. It is therefore a useful part of the armamentarium to treat PIH.

#004

TITLE: The New Dawn of UV Protection
AUTHOR (S)*:* Else Christoffersen
Submitted for: Other

ABSTRACT BODY:
Although the sun is 4.5 billion years old, our understanding on how this star interacts with skin only occurred in the last century. Ongoing examination of the electromagnetic spectrum has revealed that Ultraviolet B (UVB) and Ultraviolet A (UVA) light are not companionless foes. High Energy Visible (HEV) light and more recently Infrared A (IRA) light are considerably dangerous. Simultaneously, our insight into cutaneous function and UV response has increased by orders of magnitude. DNA damage, inflammation, and barrier dysfunction are elaborate and interlaced processes that are injured by sun exposure.

This knowledge evolution has afforded the scientific advancement of sun protection measures. From parasols, to inorganic filters, to immune modulators, this progress highlights the increasing demand for a multimodal line of defense. The most effective sun

protection platform now consists of UVA and UVB protection, HEV cover, IRA defense, DNA repair enzymes, anti-inflammatories, and barrier repair agents. This is in addition to adequate application methods, UV appropriate attire, and a daily skincare regime focusing on cellular stabilization.

With mounting photochemical research and market demands for superior UV filters, the ultra-modern approach to sun management is now four-fold: 1) afford broad-spectrum UVA and UVB cover, 2) provide additive electromagnetic protection against damaging HEV and IRA light, 3) mitigate UV associated repercussions swiftly, and 4) maximize intrinsic cellular function to effectively neutralize injury. These may be successfully achieved via a sunscreen with a multifaceted benefit platform. Having become pivotal products in a functional daily skincare regime, to grasp their evolution is to reap their benefits.

#005

TITLE: Laser Complications: The Pleasure/Pain Principle
AUTHOR (S)*:* Naomi Dolly; Dr. Maria Gonzalez
Submitted for: Laser and Cosmetic Surgery

ABSTRACT BODY:
There are many dermatological conditions for which the only viable treatment involves the use of lasers. Common such conditions include port wine stains, cafe au lait spots to name a few. As aesthetic dermatology increases in popularity more and more patients are receiving laser treatments for non-disease indications including skin rejuvenation and hair removal (in the absence of hirsutism).

These treatments have become the mainstay of modern dermatology but they are not without their problems. Laser complications have been well documented in the literature. Complications can be linked to the use of lasers for inappropriate indications, poor manipulation of treatment settings, inappropriate assessment of skin type or poor patient compliance with post treatment advice. The speakers will present 6 cases highlighting patients who have suffered with laser complications. Strategies for avoiding such complications in the future will be provided.

#006

TITLE: An Anti-Ageing Topical Innovation
AUTHOR (S)*:* Rachael Eckel
Submitted for: Research

ABSTRACT BODY:
Among consumer studies and market analyses, the primary global skincare goal is anti-ageing. With 71% of patients in their 30's and 40's citing fine lines as their main concern, and millennials starting anti-aging products as early as 26-years old, the united demand is undeniable. Yet, 92% of women believe their current anti-ageing cream provides only minimal benefit and therefore the need for an effective product is paramount. The cosmetic conundrum also exists that over-the-counter creams yield negligible results, and stronger prescription agents cause unwanted irritation, downtime, and therefore poor compliance.

This novel topical agent combines synthetic growth factors and biomimetic technology; a multimodal benefit platform that yields both immediate and cumulative benefits with no irritation potential or downtime. A 12-week independent, monadic, clinical trial with 40 subjects was performed using bioinstrumentation analysis (Corneometer, Cutometer, Antera Image Analysis, and Dermascan High Resolution Ultrasound) and subjective grading (self-assessment questionnaires, expert grading, and digital images). At each time point throughout the 12-weeks, all measured attributes showed statistically significant improvements, with 97.6% of subjects demonstrating improvement in their overall skin appearance by study completion. Starting at week-2, over 80% of patients displayed notable quantitative changes in hydration, skin firmness, and elasticity. High Resolution Ultrasound further demonstrated momentous alterations in dermal thickness and density which translated into visible improvement of fine lines and wrinkles. Expert assessment further noted qualitative improvements in textural smoothening and radiance.

By combining the latest biomechanical delivery systems with advances in cosmetic chemistry, this new topical represents a pivotal stride in effectively mitigating and reversing cutaneous ageing- a foremost concern amongst consumers. Through comprehensive remodeling of the epidermis and dermis, the anti-ageing results seen in as little as 2-weeks from this new formulation remain impactful.

#007

TITLE: Psoriasis in Patients with HIV Infection Attending a Large HIV Treatment Centre in Trinidad
AUTHOR (S)*:* Jeffrey Edwards; N Lyons, AQJ Hinds
Submitted for: Medical Dermatology

ABSTRACT BODY:
Psoriasis is a chronic, immune-mediated papulosquamous skin disease with a reported global prevalence that ranges from 0.09% to 11.43%. Psoriasis may present as the first clinical manifestation of HIV, can present in patients with advanced HIV disease, may be more severe, have atypical presentations and may less likely respond to treatment in this population. . The Medical Research Foundation of Trinidad and Tobago is a large HIV treatment centre with over 8500 patients ever enrolled in care and treatment. During the period April 2002- February 2018, the Electronic Medical Records of patients with both HIV infection and psoriasis were generated and a chart review study was conducted. Psoriasis was found to be more common in males, among patients in the age group 30-49 years and in persons of African origin. Patients were more frequently diagnosed with psoriasis before the diagnosis of HIV infection.

#008

TITLE: The Many Faces of Mycosis Fungoides
AUTHOR (S)*:* Misty Eleryan; Drs. Olabola Awosika, Ron Prussick, Frank Glass
Submitted for: Cutaneous Lymphona

ABSTRACT BODY:
Mycosis fungoides (MF) is the most common cutaneous lymphoma. MF has multiple variants presenting with different clinical and histological characteristics. Syringotropic MF (STMF) is classified under the folliculotropic MF (FMF) variant. It is characterized by prominent involvement of the eccrine glands with syringolymphoid hyperplasia.

We present a case of a 68-year-old man who presented with scaly erythematous papules and plaques on bilateral ankles and soles of his feet, initially diagnosed as palmoplantar psoriasis. Subsequent punch biopsy revealed syringotropic and focally epidermotropic atypical lymphocytic infiltrate surrounding and infiltrating eccrine ducts and glands.

STMF, also known as syringolymphoid hyperplasia with alopecia, is very rare, with less than 40 cases reported. Although the WHO -EORTC categorizes STMF under the follicular subtype, there is still debate regarding whether FMF and STMF are distinct entities or variations of the same disease process. Also, they are virtually indistinguishable on clinical exam; however, histopathologic differentiation is invaluable for accurate prognosis.

FMF has a worse prognosis compared to STMF, which has a prognosis similar to that of patch-stage classic MF. Both STMF and FMF show increased resistance to most skin-directed therapies due to the deep location of the infiltrate. This case highlights the importance of reconsidering your diagnosis when a patient fails to respond to conventional therapies. It also brings awareness of the distinction between FMF and STMF in terms of disease agressiveness and prognosis, which is helpful to guide treatment for patients.

#009

TITLE: Interesting cases from the Dermatology Association of Jamaica
AUTHOR (S)*:* Michael Fitz-Henley
Submitted for: Medical Dermatology

ABSTRACT BODY:
The Dermatology Association of Jamaica (DAJ) has quarterly meetings. Interesting cases are often presented for diagnostic help and discussion. We would like to continue the trend of sharing some of these interesting cases with the CDA along with any pearls gathered, as well as the differential diagnoses which were considered. In doing this we would seek to gather additional opinions from the CDA regarding unsolved cases and in the end it is hoped that the lessons learned will be of benefit to us all in our ongoing care of our patients.

#011

TITLE: Skin & Diet - the Battle: Free Radicals vs Antioxidants
AUTHOR (S)*:* A. Geronimo Jones
Submitted for: Medical Dermatology

ABSTRACT BODY:
In simple terms a Free Radical is an atom or molecule with an unpaired electron. They are cells that are created by oxidation (loss of an electron). Free radicals essentially 'feed' on healthy cells by stealing electrons and changing the entire structure of the cell, causing damage. In excess they will cause damage to skin and collagen. Oxidation is caused by the destructive effect of free radicals. Free radicals damage parts of the cells proteins, DNA, and/or cell membrane. When oxidation occurs, the cells lose their ability to function normally. This free radical damage leads to tissue damage, wrinkles, lines, and loss of volume in the skin among other things.

Diet, Sun-exposure, Alcohol, Tobacco & Environment exposure contribute to the production of oxygen free-radicals (oxidative stress). Antioxidants act as our main line of defense against these free radicals by giving them the electrons they seek, thus saving our cells from damage. Anti-oxidants are chemicals that grab and stop these free-radicals before they cause any damage. These antioxidants can be found in natural and healthy foods. The level of antioxidants in any substance or food is evaluated with an ORAC score, which stands for "Oxygen Radical Absorption Capacity."

The higher the ORAC Score is, the higher the antioxidant property of the food item. The best antioxidants for skin are foods rich in Omega-3 oils, Green Tea, Vitamin A, Vitamin C, and Vitamin E. Things that contribute to free-radical generation include fried foods, processed foods (salt & preservatives), alcohol, tobacco, smoke, pesticides, and air pollutants. Foods associated with skin damage are red meat, full-fat milk, fried foods, and processed foods. They can increase the risk of free radical damage. Skin Disorders associated with free-radicals are skin cancer (MM, BCC, SCC), Sun Burns (UV Damage), Dermatoheliosis, Acne, and Behcet's Disease. Antioxidants protect against collagen damage, bacterial infections, and inflammation in the skin. A diet rich in anti-oxidant foods can help promote healthy skin and have a protective effect for the skin as well many other organs.

#012

TITLE: Diabetes and the Lower Limb
AUTHOR (S)*:* Doris Joseph
Submitted for: Medical Dermatology

ABSTRACT BODY:
ABSTRACT: Diabetes and the lower limb-will we all be de feeted?

Dermatology in Grenada has been very challenging :- it has not just been about eczema, acne and tinea capitis. Working primarily in rural communities, I have been privileged to see the patients in their social settings. I know firsthand the difficulties some of them experience to get to a health facility and the day to day struggle many face just to eke out a living.

I have always tried to help to the best of my ability and as fate would have it my practice involves work with wounds. The prevalence of Diabetes is around 20% and this disease alone is responsible for a significant number of chronic ulcers. I have been working with plantar ulcers over the past few years and it is frightening to see how quickly an active patient could be reduced to an invalid. In this presentation I will look at the lower limb amputations in Grenada over the past few years. The results are truly shocking!

#013

TITLE: Latest Advances in Treating Conditions of Discolouration
AUTHOR (S)*:* Nadia Manna; Dr. Rachael Eckel
Submitted for: Medical Dermatology, Laser and Cosmetic Surgery, Pigmented Lesion and Melanoma

ABSTRACT BODY:
Since the 1840s hydroquinone compounds and topicals have been the gold standard for treating hyperpigmentation, albeit with limited success. Numerous studies have since revealed the negative effects of prolonged hydroquinone use including exogenous

ochronosis, rebound pigmentation, and heightened UV sensitivity.

These application limitations are especially relevant when practicing in a tropical climate and treating pigmented skin, as complications and treatment failures will be more prevalent. Therefore, a non-hydroquinone approach in the treatment of discolouration is preferred. Ascorbic acid, retinoids, and alpha arbutin include some of the ultra-modern ingredients that afford extensive clinical benefits alongside mounting scientific evidence and a high safety profile.

The efficacy of such non-hydroquinone topicals will establish pigment stability, continue to produce results, and allow treatment to safely proceed for a longer duration while mitigating any potential complications.

#014

TITLE: Epidemiology of Cutaneous Lymphoma- A Review of Cases From Skin Clinic National Chest Hospital
AUTHOR (S)*:* Sandra McLeod
Submitted for: Cutaneous Lymphona

ABSTRACT BODY:
Epidemiology of cases of cutaneous lymphoma seen at the Skin Clinic NCH will be presented including demographics , history, clinical : histological concordance and outcomes

#015

TITLE: Scarring Alopecia and Auto-Immune Disease: Is There a Greater Link?
AUTHOR (S)*:* Llorenia Muir-Green
Submitted for: Medical Dermatology

ABSTRACT BODY:
Scarring Alopecia, such as Central Centrifugal Cicatricial Alopecia, is the single most common type of Alopecia that women of African descent present with. Sadly, the exact cause for this type of Alopecia is not known. Treatment is frustrating as many patients present with late stage Alopecia rendering restorative treatments impossible. Scarring Alopecias are known to be immune mediated, however, their exact link to auto-immune connective tissue diseases is not fully known. I present several cases that could potentially indicate a greater link than previously thought.

#016

TITLE: Dermoscopy in General Dermatology
AUTHOR (S)*:* Darshini Persaude
Submitted for: Medical Dermatology

ABSTRACT BODY:
Dermoscopy has traditionally been viewed as a tool for melanoma detection but there is now well established evidence to support its use for the evaluation of both pigmented and non-pigmented skin tumors. However, reports by expert dermoscopists and a few studies have shown its utility in general dermatology to support the clinical diagnosis for many common dermatological conditions. This presentation will highlight the use of dermoscopy in general dermatology via a series of cases from clinical practice.

#017

TITLE: Interesting Short Cases
AUTHOR (S)*:* Jeanine Reemaul;
Submitted for: Medical Dermatology

ABSTRACT BODY:
The skin is the largest organ in the human body. It is therefore unsurprising that it is also the organ system that hosts the greatest number of diseases. As a specialty, dermatology is truly fascinating in large part, due to the clinical variety we encounter. This presentation briefly reviews three cases seen at the Port of Spain General Hospital during the period 2015-2017, highlighting interesting and/or rare cutaneous presentations.

#018

TITLE: Even Stranger Encounters
AUTHOR (S)*:* Marilyn Suite
Submitted for: Other Rare Cases

ABSTRACT BODY:
Dermatologists sometimes have their knowledge and experience tested by patients with rare conditions and those they never knew existed. I will present three cases, two with conditions I had never known of or seen and one rare and interesting case.

#019

TITLE: Treatment of keloids with superficial radiation
AUTHOR (S)*:* Marilyn Suite
Submitted for: Cutaneous Surgery, Medical Dermatology

ABSTRACT BODY:
Keloids and hypertrophic scars develop after injury to the skin - trauma, surgical wounds and following inflammation e.g. varicella. They result from overactivity of fibroblasts and excessive collagen synthesis. Keloids can cause itching, burning and pain and exhibit continued growth, as well as significant cosmetic and functional disability. Excision is often followed by recurrence and several methods have been tried to prevent or treat recurrent keloids. These include pressure dressings, topical and intralesional corticosteroids, topical imiquimod, silicone sheeting, intralesional 5-fluorouracil, intralesional bleomycin, radiotherapy and laser therapy.

This study reports the outcome of patients treated with radiotherapy for keloids with a brief review of the literature regarding safety and efficacy of this modality.silicone sheeting, intralesional 5-fluorouracil, intralesional bleomycin, radiotherapy and laser therapy.

This study reports the outcome of patients treated with radiotherapy for keloids with a brief review of the literature regarding safety and efficacy of this modality.

FACULTY

Khamedaye Basdeo-Maharaj is in a solo Dermatology practice. She was in the public health sector doing Dermatology at Hansen's Disease Clinics for more than twenty years.
She has written and co-authored many papers and has been a presenter of original research at the CDA meetings since it's inception.
She is in semi-retirement doing what she loves best, Dermatology and traveling to distant lands.

Suleman Bhamjee graduated from the University of the West Indies in 1989 with his MBBS and earned his Diploma in Dermatology at St John's Institute of Dermatology, University of London in 1996.

Dr. Bhamjee is a Fellow of the Royal College of Physicians and an International Fellow of the American Academy of Dermatology. He is currently Consultant Dermatologist at the Queen Elizabeth Hospital and Associate University Lecturer of the University of the West Indies.

Dr. Bhamjee is a member of the Caribbean Dermatology Association and served as its Program Director from 1997 to 2010. He was awarded the *Professor Hywell Williams "Apple" Prize for Research* in the Caribbean in 2002 and 2008. He has served as President of the Dermatological Association of Barbados and is the President and Founder of the Dermatological Institute of Barbados. Dr. Bhamjee is author of *Pigmented Dermatology: A Quick Reference* and *Healthier Skin.* He was Awarded "The Philip Sherlock Distinguished Lecture" for Outstanding Contributions to Dermatology in the Caribbean in 2017.

Dr. Bhamjee has been a CrossFit trainer, judge and assistant coach 2017. His hobbies include reading, swimming, running, exercise/gym, travelling and music. Dr. Bhamjee is also a Lay Preacher

Arusha Campbell-Chambers, British born and Vincentian raised, is a Dermatologist who founded the Dermatology Solutions Skin, Body & Mind Clinic in Jamaica, St. Vincent and the Grenadines, and Antigua. She trained at the University of the West-Indies, Mona and the St. John's Institute of Dermatology, King's College London, where she graduated with Merit. Indeed throughout her life, Dr. Campbell-Chambers always excelled, gaining many awards and honours.

Her special interest in Cosmetic Dermatology blossomed over the years with extensive training in the UK, USA and Caribbean. She is an International Fellow of the American Academy of Dermatology and is Board Certified in Aesthetic Medicine with the American Academy of Aesthetic Medicine. She is the current Vice-President of the Dermatology Association of Jamaica.

Dr. Campbell-Chambers is the Co-Founder of the Arise and Blossom Women's Organization. She is happily married to Consultant Jamaican Radiologist Dr. Duane Chambers and proud mother of their daughters Tiffany and Tia Chambers.

Else Christofferson is an exceptionally skilled and qualified Clinical and Cosmetic Dermatologist practicing in the Cayman Islands. She utilizes her extensive knowledge along with current procedures to offer patients the best possible care with the highest professional standards. She is pioneering the approach to melanoma detection and treatment through mole mapping and photodynamic therapy.

Originally from Norway, Dr. Christofferson qualified as a medical doctor from The Royal College of Surgeons in Ireland. She received her postgraduate training in both Canada and the UK specializing in practical dermatology from Cardiff University where she completed her dissertation on "Common dermatological conditions in richly pigmented skin" with distinction. She is an avid lecturer, engaging in postgraduate dermatological education.

Her passion also lies in the field of aviation and she is an appointed Senior Aviation Examiner.

Richard Desnoes is a graduate of the University of the West Indies, Faculty of Natural Sciences (B.Sc. Hons 1987 Biochemistry & Zoology) and Medical Sciences (MB.BS. 1994). He obtained the Diploma in Dermatology at St. John's Institute of Dermatology (University of London, 1998). His clinical Dermatology experience was gained at the Dermatology Unit of the University Hospital of the West Indies where he worked full time for over ten years.

He is employed as a Dermatologist at the Cornwall Regional Hospital and an Associate Lecturer at the University of the West Indies. He is the current President of the Caribbean Dermatology Association and is a Past President of the Dermatology Association of Jamaica.

He is married to Marllyn and enjoys raising tropical fish.

Naomi Dolly graduated from St. Joseph's Convent High School in Trinidad and Tobago. She enrolled in the Faculty of Medical Sciences at The University of West Indes on a Further Additional Scholarship from the Republic of Trinidad and Tobago. Her successful completion of Medical School with multiple distinctions and honors in various modules, led to the strong foundation in starting her residency in dermatology in SUNY Downstate Medical Center, Brooklyn, New York. She has also completed fellowships at NYU Medical Center in advanced medical dermatology and dermatopathology at the Akerman Academy of Dermatopathology, New York.

Tracey Durant is a graduate of the University of the West Indies, gaining her MBBS in 2003. She completed the Masters in Clinical Dermatology at St. John's Institute of Dermatology, University of London, in 2008. Since then she has been practicing at the Caribbean Dermatology and Laser Centre in Barbados, where she sees a wide range of general and aesthetic dermatology patients. She is a member of the Caribbean Dermatology Association, the Dermatological Association of Barbados, the American Society for Laser Medicine and Surgery, and is an international fellow of the American Academy of Dermatology.

Rachael Eckel is an award-winning Cosmetic Doctor, and a global Key Opinion Leader in topical skincare agents and treating skin of colour. Dr. Eckel is the Founder and Medical Director of The Skin Health Institute - the largest cosmetic provider in the Caribbean.

Jeffrey Edwards is a graduate of the Faculty of Medical Sciences of the University of the West Indies (UWI) with a MBBS and Doctorate in Public Health (DrPH). He obtained a MSc in Dermatology from the University of Wales, Cardiff and has research interests in in the fields of STI/HIV, dermatology and public health. He is the Director of the Medical Research Foundation of Trinidad and Tobago a Lecturer at UWI, St Augustine.

Misty Eleryan is currently a dermatology resident at The George Washington University, where she is the department's first resident of color (African-American/ Cuban American). Prior to starting her residency, she completed the prestigious Cutaneous Oncology (Melanoma & Cutaneous T-cell Lymphoma) fellowship at Washington Hospital Center Cancer Institute, becoming the first graduate of any Caribbean medical school to be selected for the fellowship. During the fellowship, she worked alongside world-renowned experts in the field of cutaneous oncology to provide treatment and care to patients diagnosed with various skin cancers.

While at Ross University School of Medicine (RUSM), where she graduated with high honors, Dr. Eleryan served as President of the campus American Medical Student Association (AMSA) and used her platform to push forward her message about the vital need to increase the amount of underrepresented minorities in medicine.

Throughout her fellowships and residency, she has been involved with multiple clinical trials and is well-published in numerous peer-reviewed dermatology and medical journals, where her focus has been on skin of color, CTCL, melanoma and psoriasis. The focus of her current projects while in residency have been centered around addressing the barriers preventing underrepresented minorities from gaining acceptance to medical school and later diversifying specialties that lack representation of physicians of color.

She is heavily involved in the mentorship of minority students who aspire to become physicians. She plans to continue her dermatology career in academics with a focus on melanoma and CTCL. Dr. Eleryan hopes to continue to be a catalyst for change in diversifying the field of medicine.

She currently resides in Washington, DC with her husband, Mazen, and their "furry child", a black German shepherd named Harley.

Michael Fitz-Henley has been a Consultant Dermatologist and a Lecturer at the University of the West Indies since 1987 with a private practice at Dermatology Associates in Jamaica. He is a member of the Medical Association of Jamaica, The Dermatology Association of Jamaica, the Caribbean Dermatology Association, The American Academy of Dermatology, International Society of Dermatology, American Society for Dermatologic Surgery, American Contact Dermatitis Society, Council for Nail Diseases, and the International Dermoscopy Society.

He is a founding fellow of the CDA and has been a Past President and Vice President. Up to 2017 he had delivered over fifty (50) 'documented' (possibly others) lectures/presentations at the annual CDA meetings apart from being a guest plenary speaker at the Canadian Dermatology Association, Suriname/Dutch meetings along with numerous other lectures in Jamaica and the Caribbean.

On three (3) occasions he was the recipient of the Prof. Hywell Williams award (The Apple) at the CDA for research relevant to the Caribbean. In 2014, the CDA gave him an award in recognition of his service in Continuing Medical Education in the Caribbean. He was featured as a VIP (Very Important Pelican) in the UWI alumni magazine. He still favours medical dermatology but has special interests in dermatologic surgery. He has been married for 37 years with one wife and three children.

Lynne Goldberg graduated AOA from Downstate Medical Center in 1986. She completed a residency in internal medicine at New York University School of Medicine in 1989, and then did her residency in dermatology at Albert Einstein College of Medicine, finishing in 1992. She was invited to join the faculty of the Department of Dermatology at Boston University upon completion of her fellowship in 1994. Dr. Goldberg has dual roles within the Department of Dermatology, evaluating patients in the Faculty Practice of Boston Medical Center and signing out skin biopsies at the Skin Pathology Laboratory at Boston University School of Medicine. Lynne is renowned as an authority on the subject of alopecia and is an invited speaker on the subject at national as well as international meetings. She has authored multiple manuscripts and book chapters on the clinical and histopathologic aspects of alopecia. She has mentored several recipients of the Women's Dermatologic Society's prestigious mentorship award, and served on the Program Committee of the American Society of Dermatopathology from 2002 to 2006, chairing the Committee from 2006 to 2007.

Special interests: "I am interested in the histologic evaluation of the various forms of scarring and non-scarring alopecia, and in applying this towards clinicopathologic correlation in the evaluation of complex patients seen in a specialty hair clinic."

Research Interests: "I maintain an IRB approved database of hair patients evaluated at the Hair Clinic of Boston Medical Center, used in clinical studies."

Maria Gonzalez has worked exclusively in the field of dermatology for the past 25 years. During this period she divided her time between academic work at Cardiff University and clinical work at the University Hospital of Wales. Here she distinguished herself as a leader and innovator in the teaching of dermatology winning awards for her contribution to the field. Dr. Gonzalez's areas of special interest include dermatologic surgery, laser surgery, treatment of pigmentary disorders, treatment of hair disorders, treatment of skin cancers and the management of acne and acne scarring. She also has an interest in cosmetic dermatology and has spoken widely and published on relevant cosmetic dermatology subjects. For the past 5 years she has worked as a Locum Consultant Dermatologist at the Royal Gwent Hospital in Newport, Wales while running a successful dermatology clinic in Cardiff. The clinic specialises in laser and aesthetic dermatology but general dermatology patients are also treated.

Doris Joseph, I was born and grew up on the island of Grenada. I am the ninth of ten siblings-three females and seven males. From a very young age I learnt to look after myself. I was surrounded by the lush vegetation of the rural areas of Grenada and developed a love for plants and animals.

I studied Medicine at the University of the West Indies, Mona, Jamaica; did my internship in Trinidad and Tobago and returned home to work as a district medical officer. I did a Diploma in Practical Dermatology at the University of Cardiff; Wales, then went on to do a diploma in Dermatology in Cuba.

I have been working in Grenada as a dermatologist both in public and private practice. My private practice also includes a significant amount of General Medicine. I have developed an interest in the care of diabetic feet, since there is no podiatrist in Grenada. I have been privileged to attend'' The Olympics of the Diabetic Foot" an international symposium held once every four years in The Hague, in 2015. This has further sparked my interest in that subject and I there has not been a paucity of patients!

I enjoy travelling, reading, pottering around with plants and looking after my many pets in the little spare time that I have. I really look forward to the day when I can dedicate more time to my home and its surroundings. Until such time, I plod on, doing the best I can to improve the lives of my country folk.

Nadia Manna is a highly skilled Cosmetic Doctor who specializes in Advanced Medical Aesthetic Procedures that help to maintain and restore the youthfulness of the face. Dr. Manna has a special interest in the cosmetic treatment of skin and adopts a total 'skin health' approach to achieve her impeccable results. A physician of The Skin Health Institute in Trinidad, she is also closely mentored by Dr. Rachael Eckel.

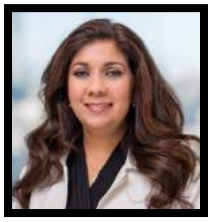
Dr. Manna, an Open National Science Scholarship winner, studied Medicine and Surgery at The University of The West Indies and began her Dermatology career with The University of South Wales. She has previously trained and worked in Internal Medicine and holds membership with The Trinidad and Tobago Medical Association

Sandra McLeod is the consultant dermatologist at the Kingston Public Hospital and National Chest Hospital, Jamaica.

Llorenia Muir-Green graduated from the University of the West Indies, first obtaining a double major in Chemistry and Biochemistry. She then went on to pursue a career in Medicine at UWI. Graduating with Honours, she went on to pursue postgraduate specialisation in Clinical Dermatology at Cardiff University, for which she got Distinction. She was a recipient of the 2013 Fellowship in Hair and Scalp Disorders at the University of British Columbia.

She is a member of the North American Hair Research Society, International Society of Hair Restoration Surgery, and a member of the Caribbean Dermatology Association. She is the current President of the Dermatology Association of Jamaica and is an Associate Lecturer in Dermatology (UWI). She helped to re-establish the Dermatology service at the Cornwall Regional Hospital where she conducts a once a month Hair and Scalp Disorder Clinic. She still conducts a similar clinic at the Dermatology Clinic at National Chest Hospital.

She has presented at various international conferences including the American Academy of Dermatology, World Congress of Dermatology, Caribbean Dermatology Association and has presented at the Medical Association of Jamaica's Annual Symposium. She has keen interest in Cosmetic Chemistry and Hair care. Through that she has established a blog on the science of hair loss and hair care on www.askthehairdoc.com with associated Facebook, Google +, Twitter and Instagram social media pages.



Darshini Persaude is a Family Physician practicing in Dermatology in Ontario, Canada. She graduated from the University of the West Indies Medical School in Jamaica in 1992 and completed her family medicine training at the University of Toronto in 2000. She has a Diploma in Practical Dermatology with distinction
from Cardiff University in Wales and a Professional Diploma in Dermoscopy from Healthcert.

Dr. Persaude is a founding member and the president of the Primary Care Dermatology Society of Canada and an adjunct lecturer with the Department of Family and Community Medicine at the University of Toronto. She is passionate about providing high quality educational opportunities for medical students, residents and family physicians in Dermatology.

Jeanine Reemaul earned her medical degree from the University of the West Indies, St. Augustine in 2002. She worked both in internal medicine as well as primary care before attaining her MSc in Clinical Dermatology from King's College, London. She is currently employed as a House Officer in the Department of Dermatology at Port of Spain General Hospital.

Shakima Stoutt is a graduate of The University of the West Indies ad completed a Master of Science in Clinical Dermatology at Boston University School of Medicine in 2015. she currently serves as Director of Dermatology and Wound Care Services at the British Virgin Islands Health Services Authority.

Dr. Stoutt is a member of the American Academy of Aesthetic Medicine (2017 – Present); the American Society for Laser Medicine and Surgery (2014 – Present); and the New England Dermatologic Society (2013 – Present).

Marilyn Suite is a graduate of the Faculty of Medicine of the University of the West Indies. Her post-graduate training in dermatology was obtained in Trinidad under Dr. David Quamina and at St. John's Hospital for Diseases of the Skin in the United Kingdom. She is a fellow of the Royal College of Physicians, Edinburgh.

Dr. Suite is a former consultant dermatologist at the Port of Spain General Hospital, Trinidad and former Specialist Medical Officer, Hansen's Disease Control Unit of the Ministry of Health Trinidad and Tobago but is now solely in private practice. She was an Associate Lecturer in Dermatology, University of the West Indies up to 2006 and more recently Associate Clinical Instructor II from 2012 to 2015. Between 2001 and 2016, she was a visiting lecturer to Cardiff University, Wales, where she lectured to students pursuing the Diploma and MSc in Clinical Dermatology (formerly Diploma in Dermatological Sciences).

Dr. Suite is a founding member of the Caribbean Dermatology Association and was its President from 1996 to 2002. She also served as Secretary from 1992 to 1994. She has been serving as Vice President since 2012. She is a past Secretary/Treasurer and past Chairperson of the Trinidad and Tobago Dermatological Society, a member of the International Society of Dermatology, an international fellow of the American Academy of Dermatology and is actively involved in the Lupus Society of Trinidad and Tobago.

Dr. Suite continues to contribute to medical education by delivering talks to medical practitioners and other medical professionals in Trinidad and Tobago and within the region and also educates the general public on dermatological conditions.

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